

## HIV/AIDS FOR PEOPLE WITH DISABILITIES

### Basic Facts About HIV/AIDS

AIDS is a deadly disease.  
AIDS is caused by the HIV virus. HIV weakens the body's ability to fight off infections and diseases, which ultimately lead to death. Currently, medication can only slow down the disease, not cure AIDS.

HIV can be passed from person to person through sexual fluids, blood, contaminated needles and sharp instruments. Infected women can pass the virus to their babies during pregnancy, birth and breastfeeding.

HIV is transmitted **sexually** through unprotected sex. Using condoms correctly every time you have sex can protect you and stop the spread of HIV and other sexually transmitted infections.



### *Protect Yourself And Others*

The HIV virus can be present anywhere in the world.

You do not know who is infected with HIV. Only an HIV blood test can determine if a person is infected.

If you feel you are at risk, it is strongly recommended that you seek HIV counselling and testing at the earliest.

To protect yourself and others from transmission of HIV, CONDOMS should be used for all types of sexual acts.

After sex, condoms should be carefully removed to avoid spillage and disposed of. Condoms should NEVER be re-used.